

Adult Client Information

Date of Initial Visit _____ Social Security # _____

Name _____ Date of Birth _____
First Middle Last

Address _____ City _____ State _____ Zip _____

Home Phone (____) _____ - _____ Cell Phone (____) _____ - _____

Email address: _____ Marital Status: Single Married Separated Divorced

Place of Employment: _____ Work Phone (____) _____ - _____

List All Who Are Living in Household:

<u>Name</u>	<u>Relationship</u>	<u>Age</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Recent deaths of family/friends (Relation/dates) _____

List current illness(es) or symptoms _____

List any major surgeries, serious crises, losses, or handicaps (with dates) _____

Last Medical Exam _____ Reason _____

Name and Address of Physician _____

Current Medications taken if any: _____

Emergency Contact Person _____ Phone: (____) _____ - _____

Relation to you: _____ Address: _____

(Continued on Reverse Side)

Have you ever received psychotherapy, counseling, or other treatment for personal or family problems?

Yes No Name of Professional (Dr., agency, pastor, etc.) _____

Have you or any member of your family ever received or considered seeking help for drug or alcohol dependency?

Yes No Dates _____ Name of Professional/Agency _____

Substances Used _____

Who referred you to my practice? _____

Type of Therapy Desired: Individual Family Group

Sexual orientation? Heterosexual Gay Lesbian Bi-Sexual Transgender

Racial/Ethnic Identity: African-American Asian Caucasian Hispanic Native American Other _____

Religious Preference _____ Local Congregation _____

IMPORTANT QUESTIONS FOR YOU AND YOUR THERAPIST

Please list what your strengths, hobbies, interests: _____

Please describe your reason(s) for seeking help _____

What would you like to have happen for you as a result of therapy?

How likely are you to complete homework assignments and other work required of you in between sessions to help yourself feel better? Please circle one: **Very Likely** **Somewhat Likely** **A Little** **Not at all**